### WHERE WE SERVE Zacapa, Guatemala

While we serve all over the country of Guatemala, we focus on the state of Zacapa. For our home-building projects, we have chosen to focus on the town of Pueblo Modelo.

The government established the town of Pueblo Modelo after Hurricane Mitch in 1999. In a rush to relocate families affected by the hurricane, the city was established without any infrastructure (i.e., running water, electricity, etc.). Presently, Pueblo Modelo is one of the most impoverished towns in the State of Zacapa.



## WHAT WILL YOU DO?

Each trip will be shaped around the needs and talents of the group. For example, most of our youth trips focus on building a home for a family in need and helping to do minor repairs (painting, etc.) at community projects. During your trip, your group can see a patch of ground go from nothing to a home ready for a family to move in.

#### Transform this...





Into this...

## **TRIP COST**

While we are happy to cater your trip to your needs, we highly recommend a ten (10) day mission trip experience to make the most of your trip.

#### 10-Day Mission Trip- \$1250/person plus a plane ticket 9-Day Mission Trip- \$1150/person plus a plane ticket 8-Day Trip- \$1050/person plus a plane ticket

If you have more than 12 people in your group, one trip leader's fees will be waived!



# WHAT'S INCLUDED?

# The trip fee covers almost all expenses while on the trip, including:

- Meals and beverages while in Zacapa
- All dinners while in Antigua
- Lodging for the entire trip
- All transportation while in Guatemala
- H.I.M. T-Shirt
- A personalized journal for your group
- Morning/Evening Prayer and Processing (if desired)
- Emergency Medical Insurance
- Dedicated staff person to work directly with your group leader

#### What is not included in the trip fees:

- Breakfast or lunch while in Antigua
- Souvenirs
- Meals in the airports while traveling



# WHERE WILL WE STAY?

For groups under thirty people, the group will stay in the Hearts In Motion House located in Teculutan for the service portion of the trip.

For groups over thirty, the group will stay at the Hotel Atlantico for the service portion of the trip.

Both locations have hotel rooms with their bathroom, a pool to cool off after a hard day's work, and a dining room where the group will eat breakfast and dinner each day.

Regardless of group size, the entire group will stay in the same hotel while in Antigua at the end of the trip.

The group leader will work with the H.I.M. Office to choose roommates for the trip. We ask that students be placed with other students of the same gender and adults with other adults of the same gender unless they are married. Students can room with their parents if they are present.

## **GROUP REQUIREMENTS**

Because of the nature of the work and the international nature of the trip, we ask that only high school-aged students and older be part of your youth group.

Each group must have a designated leader who will be the local contact for the trip.

The group must maintain a minimum of 1 adult to 6 youth ratio for the trip. There are also at least two (2) adults on the journey, regardless of the group size.

All adults must have a background check to participate in the trip.

We ask that all youth and adults refrain from using drugs or alcohol on the trip.

## **READY TO JOIN US!**

Contact our Mission Trip Director, Aaron Frazita, at aaron@heartsinmotion.org or (219) 924-2446 to begin planning your mission trip with us today.

#### OUR MINISTRY UNITED STATES, SOUTH AND CENTRAL AMERICA

We love our construction teams, but they are only the tip of the iceberg when it comes to the ministry that Hearts In Motion is able to provide in Guatemala. See the list of programs below that we are blessed enough to be able to offer not only in Guatemala, but in South and Central America and in the United States.

#### Gualan Campus

- Nutrition Center
- Reese House
- Music in Motion
- Senior Center



#### Pueblo Modelo

- Daycare
- Home Building
- Young Gardners
- International • Music in Motion

#### Rehabilitation

 Physical & Occupational Therapy Clinics in Gualan and Zacapo



Helping Babies

Social Work

Music Camp

Breath/Helping

Mothers Survive



#### Fire Service International

 Trainings in US and Guatemala

#### Other Types of Service Trips

- Surgical (Orthopedic, Gynecological, Cleft Lip/Palate)
- General MedicineVision Screening
- Vision Screening
  Dontal Examples and S
- Dental Exams and SurgeryCervical Screenings &
- Women's Health
- Speech Therapy
- Physical & Occupational Therapy

## **ABOUT US**

HIM is a 501c3 non-profit, nondenominational organization focusing on the needs of impoverished children and families.

Our volunteers work together in a compassionate ministry, promoting personal growth by experiencing a cultural exchange.

Our mission is committed to meeting the needs of individuals by aiding in developing programs in health, education, and welfare, both in the US and throughout Central and South America.

## FOLLOW US ON SOCIAL

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# YOUTH MISSION TRIPS



*"The best way to find yourself is to lose yourself in the service of others." Mahatma Gandhi* 

